

Girls 14A Western National Championships

July 27 - Aug 2, 2009

Mt Veron Washington

Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursdays	Friday	Saturday	Sunday
Check in hotel @ Anacortes	9:00 am Practice Game vs HI @ TBD (wear practice shirts)	Pool Game 1	Pool Game 2	Bracket play starts	Bracket play continues	Bracket play continues	Championship @ Skagit Fields
	8:00 am - 2:00 pm Team Check-in @ Best Western		5:00 pm Bracket Draw				
	11:30 am Manager Meeting @ Best Western - 11:30 am (need volunteer)		7:00 pm Team Contests				
	3:00 pm Teams line @ Burlington HS		7:00 pm BBCue Dinner				
	4:00 pm Pictures						
	5:00 pm Opening Ceremonies						
	6:00 pm Ice Cream Social						

What to Bring-Players

Equipment !! (take 2-3 balls from practice and pack)

White Jersey

White AND Blue Pants

Sliders, Pads, etc

White, Navy and Light Blue Socks

Practice Shirt

Cleats

Team Jacket, Sweatshirt

Sleeves

Normal clothes, shorts, swimsuits

Nice dress for team dinner during the week

Books/Ipod/games/cards, etc for down time

Sunscreen, visor, sunglasses, etc

Team Rules

PARENTS

Our main goal for attending this tournament is to compete at a higher level and experience a national ASA tournament. This is a national qualifier for 2010 and it will be impossible for all players to play the same amount of innings or get equal at bats. We will strive to do the very best that we can as week progresses. For practice games and pool games, everyone will play in some fashion. For bracket/elimination games, the games will be strictly managed to win. For all of us to meet the team goals, all players will need to excel in their roles and play as a team.

For the duration of the week, we are there to play softball and to participate as a team. There will be plenty of opportunities to do stuff off the field with your family, etc. But, I would like to be a team first. With only 1 game on Tuesday and Wed. we should plan on those days to do a team activity.

We will need 1 parent to go to the coaches meeting at the beginning on that Monday as we need to check in. That meeting is at Monday at 11:30 at Best Western Hotel/Convention Center.

Laundry will be a big deal during the week and if we can get 1-2 parents to help with this, it will help the girls. **Please mark the players pants, sleeves, sliders, with their number on the label with a sharpie or permanent marker**

We will eat as a team at least once a day depending on our schedule. For dinners, simple potluck type dinners at the hotel can be cost effective.

Sometime during the week, the team will do sometime type of a team activity (players and families) and a team dinner (players and coaches only). Game schedules will dictate the times

All of us to need to be patience, get along and be supportive of everyone. Any help on and off the field that you can provide will be appreciated.

A major goal of this trip is for the girls to develop the memories and have a good time. Based on our team make up, chemistry and leadership, I know we will accomplish this.

PLAYERS

Practice Game on Monday @ 9:00 vs HI - Players to wear practice shirt and pants.

We will need to check in as a team Monday - all players at same time. I think after our practice game will be the best time; before the opening ceremonies.

Will meet in lobby at pre-defined times to leave for the games. **Please do not be late.** Arrive 5 min prior to the time that the coach gives

Players- You represent the team at the hotel, so - respect others, be quiet and no horsing around.

When given a curfew, you need to respect that time and be in room/bed.

Stay healthy - eat, drink, sleep right. Everyone has a role and we depend on you.

WESTERN ROSTER & CONTACT NUMBERS

NO.	FIRST NAME	LAST NAME	PLAYER PHONE	PARENT(S) GOING	CELL PH.	CELL PH.
2	Flores	Lauren	(714) 334-3992	Jan	(714) 349-1215	
3	Brynne	McNabb	(714) 273-9200	Jennifer	(714) 326-8241	
5	Raegan	Zschach	(714) 316-6475	Andy/Alicia	(714) 392-4701	(714) 469-0919
7	Brittany	Hitchcock	(714) 514-2282	Kim	(714) 514-7186	
8	Makaela	Williamson	(714) 580-6269	Jason	(714) 580-6268	
9	Emily	Cardona	(714) 785-2010	Dona	(714) 785-2010	
12	Cami	McNabb	(714) 273-9100	Jennifer	(323) 572-3322	
13	Courtney	Shenkman	(714) 501-4392	Dawn	(714) 504-6848	
14	Erika	Jason	(714) 914-8903	Greg/Leah	(714) 206-2218	
16	Shannon	Riley	(949) 201-9385	Sue/Tim	(949) 842-1136	
40	Nicole	Minnicucci	(714) 330-7049	Kathy	(714) 655-3762	
44	Cassie	Baughman	(714) 292-2775	Laurie	(714) 393-7332	
55	Ally	Forsberg	(714) 658-7072	Jeff/Bev	(714) 791-1436	(714) 658-6956
95	Lauren	Howard	(714) 604-6162	Shawna	(714) 231-7821	
	Jeff	Forsberg	(714) 791-1436			
	Johnny	Martinez	(714) 475-8079			
	Jason	Williamson	(714) 580-6269			

LOCATION	ADDRESS	PHONE
MARINA INN	3300 Commercial Ave. Anacortes, WA 98221	360-293-1100
Best Western Cotton Tree Inn	2300 Market Street Mount Vernon, WA 98273	800-662-6886
Burlington High School	301 N Burlington Blvd, Burlington, WA 98233	
Skagit Playfields	2700 Martin Rd. Mount Vernon, WA 98274	
Janiki Playfields	2044 Cook Road, Sedro-Woolley, WA 98284	